



## Douglas County Citizen Disaster Preparedness Training

2024 Session TBD

Following a disaster, community members who are well-prepared and self-sufficient will be better positioned to maintain their independence and care for themselves, their loved ones, and their neighbors. While each person's abilities and needs are unique, every citizen can take steps to prepare for all kinds of emergencies – from fires and floods to a hazardous material spill. As we have seen, disasters can have an extensive impact on emergency response capabilities, including overwhelming communication networks and utilities, limited responder resources, and impassable roadways.

The Douglas County Office of Emergency Management is pleased to offer this training to the citizens of Douglas County. The Citizen Disaster Preparedness Training utilizes the national CERT training curriculum and augments this with practicums throughout the sessions, culminating in a final disaster simulation. This training has been developed to teach basic organization skills that will help you help yourself, your loved ones, and your neighbors respond to and recover from a disaster.

## The course curriculum will cover the following topics:

- √ Emergency Preparedness
- √ Fire Safety
- ✓ Emergency Medical Operations
- ✓ Stop the Bleed
- ✓ Light Search & Rescue Operations
- ✓ Incident Command System & Organization
- ✓ Disaster Psychology
- ✓ Terrorism
- ✓ Course Review
- √ Final Disaster Simulation

The training course will be presented as a series of classes at the Douglas County Office of Emergency Management:

Douglas County Justice Center 4000 Justice Way, Castle Rock, CO 80109

## Citizen Disaster Preparedness Training is Offered Free of Charge

For questions, please contact Anne Walton (303) 814-4356 or <a href="mailto:alwalton@dcsheriff.net">alwalton@dcsheriff.net</a>

Note: All students must be at least 18 years of age and will need to provide a copy of their valid Driver's License for the Preliminary Background Check

\*\*\*Students must complete all 23 hours of the course to receive the certificate of completion\*\*\*



